



Sons of Saint Joseph tm

ST. THERESA ROMAN CATHOLIC CHURCH
5301 MAIN STREET TRUMBULL, CT 06611
www.sonsofsaintjoseph.org

SOSJ –1 – SPIRITUAL WORKS OF MERCY COUNSELING THE DOUBTFUL Saturday, February 4, 2023

Matthew 5:1-12

“When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: The Beatitudes “Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are they who mourn, for they will be comforted. Blessed are the meek, for they will inherit the land. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you [falsely] because of me. Rejoice and be glad, for your reward will be great in heaven. Thus they persecuted the prophets who were before you.”

Questions

1. What is the difference between secular and Christian counseling? When does counsel become a spiritual work of mercy?
2. What is the dynamism between counsel and prudence? Why are they inseparable?
3. Why is so important to give and receive good advice in our lives? How can we become good advisors?
4. What is the best advice given to a person who’s experiencing doubts? How are we to help others in their spiritual journeys?