



Sons of Saint Joseph tm

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SOSJ –3– SPIRITUAL WORKS OF MERCY
Comforting the Sorrowful
Saturday, August 26, 2023

Job 2: 11-13

“Now when three of Job’s friends heard of all the misfortune that had come upon him, they set out each one from his own place: Eliphaz from Teman, Bildad from Shuh, and Zophar from Naamath. They met and journeyed together to give him sympathy and comfort. But when, at a distance, they lifted up their eyes and did not recognize him, they began to weep aloud; they tore their cloaks and threw dust into the air over their heads. Then they sat down upon the ground with him seven days and seven nights, but none of them spoke a word to him; for they saw how great was his suffering.”

Questions

1. Sorrow is part of our life experience. What is the cause of it? Can we do anything to prevent or to avoid it?
2. What are we supposed to do when we are in grief? What are the remedies in times of distress?
3. Why is it so important to be part of a community in sorrowful moments? Why is comforting the sorrowful a spiritual work of mercy?
4. In what ways can we bring consolation to others? How can we comfort someone who is desolated?