



# Sons of Saint Joseph <sup>tm</sup>

ST. THERESA ROMAN CATHOLIC CHURCH  
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## 1 - SOSJ Ecclesia de Eucharistic I Saturday, March 16, 2024

### John 6: 48-57

I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.” The Jews quarreled among themselves, saying, “How can this man give us [his] flesh to eat?” Jesus said to them, “Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats\* my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever.”

### Questions

1. How was I taught about the Eucharist growing up? Did I understand it similarly or different than I do today? What would the difference be?
2. How does the Mass make present the sacrifice of the Cross? Why is this important, and how do we teach it to our children?
3. Why would we say the Eucharist is not metaphorical food but real food? Does it really fill you up? How do I explain this non-Catholics?
4. Why would God make food a means to salvation? Why not just prayer? How does this help us to understand the beauty of our relationship with God? again, how do we teach this to our children?