



# Sons of Saint Joseph <sup>tm</sup>

ST. THERESA ROMAN CATHOLIC CHURCH  
5301 MAIN STREET TRUMBULL, CT 06611  
[www.sonsofsaintjoseph.org](http://www.sonsofsaintjoseph.org)

---

## The Book of Psalms part II: Psalm 84 Saturday, May 3, 2025

I

1 For the leader; "upon the gittith." A psalm of the Korahites.

2

How lovely your dwelling,  
O Lord of hosts!

3 My soul yearns and pines  
for the courts of the Lord.  
My heart and flesh cry out  
for the living God.

4 As the sparrow finds a  
home and the swallow a  
nest to settle her young,  
My home is by your altars,  
Lord of hosts, my king and  
my God!

5 Blessed are those who  
dwell in your house!

II

They never cease to praise  
you.

6 Blessed the man who  
finds refuge in you,  
in their hearts are pilgrim  
roads.

7 As they pass through the  
Baca valley, they find spring  
water to drink.  
The early rain covers it with  
blessings.

8 They will go from strength  
to strength and see the God  
of gods on Zion.

III

9 Lord God of hosts, hear  
my prayer;  
listen, God of Jacob.

10 O God, watch over our  
shield; look upon the face of  
your anointed.

IV

11 Better one day in your  
courts  
than a thousand elsewhere.  
Better the threshold of the  
house of my God  
than a home in the tents of  
the wicked.

12 For a sun and shield is  
the Lord God, bestowing all  
grace and glory.  
The Lord withholds no  
good thing from those who  
walk without reproach.

13 O Lord of hosts,  
blessed the man who trusts  
in you!

## Questions

1. Where in your life do you most long for God's presence?
2. What does “God’s house” represent to you in your daily routine?
3. In what ways have you felt God’s strength when you were weak?
4. What are the “springs of strength” in your life?