



# Sons of Saint Joseph <sup>tm</sup>

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## The Book of Psalms part II: Psalm 27 Saturday, May 17, 2025

The LORD is my light and  
my salvation; whom should I  
fear? The LORD is my life's  
refuge; of whom should I be  
afraid?

2 When evildoers come at me  
to devour my flesh,  
These my enemies and foes  
themselves stumble and fall.

3 Though an army encamp  
against me, my heart does  
not fear; Though war be  
waged against me, even then  
do I trust.

II

4 One thing I ask of the  
LORD; this I seek:  
To dwell in the LORD's  
house all the days of my life,  
To gaze on the LORD's  
beauty, to visit his temple.

5 For God will hide me in his  
shelter in time of trouble,  
He will conceal me in the  
cover of his tent; and set me  
high upon a rock.

6 Even now my head is held  
high above my enemies on  
every side! I will offer in his  
tent sacrifices with shouts of  
joy; I will sing and chant  
praise to the LORD.

B

I

7 Hear my voice, LORD,  
when I call; have mercy on  
me and answer me.

8 "Come," says my heart,  
"seek his face"; your face,  
LORD, do I seek

9 Do not hide your face from  
me; do not repel your servant

in anger. You are my  
salvation; do not cast me off;  
do not forsake me, God my  
savior!

10 Even if my father and  
mother forsake me,  
the LORD will take me in.  
II

11 LORD, show me your  
way; lead me on a level path  
because of my enemies.

12 Do not abandon me to  
the desire of my foes;  
malicious and lying witnesses  
have risen against me.

13 I believe I shall see the  
LORD's goodness  
in the land of the living.

14 Wait for the LORD, take  
courage; be stouthearted, wait  
for the LORD!

## Questions

1. How does this Psalm relate to the beatitude “blessed are those who mourn, for this will be comforted?” How does it give us hope of God’s help when we are dreading something?
2. Why would this psalm be good to pray in times of temptation? How does it help us refocus the mind? What lines are worth saying over and over again?
3. Be bold: what are times when we felt a real fear in life? How can we teach children to overcome fear first with trust in the Lord, who actually may seem to be absent when at times we have felt extreme fear?
4. God gives us the desire to seek Him, why is it then difficult sometimes to find Him? Why does He let us be sorely tempted by despair? How can we follow this Psalm and just trust?